



1 MILE FUN RUN FOR KIDS & 5K

RACE DATE: Saturday, October 17, 2009

RAIN OR SHINE!!

Pre-Register by October 5<sup>th</sup>

START TIMES:

Late Registration for both races 7:30 a.m. – 8:30 a.m.
5K Run 8:30 a.m.
1 Mile Fun Run 9:30 a.m.

ENTRY FEES: (POSTMARKED BY OCTOBER 5<sup>TH</sup>)

5K Run \$20
1 Mile Fun Run \$13
Family of Four \$55

(POSTMARKED AFTER OCTOBER 5<sup>TH</sup>)

5K Run \$25
1 Mile Fun Run \$16
Family of Four \$65

REFRESHMENTS:

Water and snacks will be available for all participants after their race.

\*\*Make all checks payable to Westside Middle School\*\*

\*\*Mail entry and fee to: Westside Middle School Re: Rocket Race 580 Lafayette Rd Rocky Face, GA 30720

AGE DIVISIONS:

1 Mile YOUTH Fun Run 2-4, 5-8, 9-11, 12-14

5K Run 14 & under, 15-19, 20-29, 30-39, 40-49, 50-59, 60 & over

AWARDS:

Overall award given to top male and female on 5K run. Top high school and middle school with most participants. Top male and top female finishers of the 5K and 1 mile fun run per age group. Award ceremony will take place at 10:30 a.m. after the end of the 1 mile run.

T-SHIRTS & RACE PACKETS:

T-shirts and race packets will be given to all pre-registered participants on race day. Late registered participants will get extra t-shirts and race packets while supplies last. Non-Runners can purchase t-shirts for \$10.

LOCATION:

All events will start and end at Westside Middle School.

MORE INFORMATION:

Call: 706) 673-2611
School Website: www.whitfield.k12.ga.us/wms

All participant's friends and families are invited to come to the race for support of the runners and Westside Middle School. All proceeds will benefit the Westside Middle School's Renaissance program.

(PLEASE complete one registration form per participant) Detach and mail with fee.

Name \_\_\_\_\_ Age \_\_\_\_\_ DOB \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ St \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ School \_\_\_\_\_

Event (please circle): 1 Mile Youth Run 5K Shirt Size (please circle): Adult S M L XL or Youth S M

In consideration of this entry, I waive all claims for myself and my heirs against any race official or sponsor for injury or illness which may directly or indirectly result from my participation. I know that running a race can be a potentially hazardous activity and I will not run unless I am medically able, in proper physical condition, or properly trained. I also agree to abide by any decision of race officials that is relative to my ability to complete the run. I assume ALL risks associated with running in the event. Having read this and knowing the facts that are that are in consideration of me, I, and anyone entitled to act on my behalf, waive and release Westside Middle School, the Whitfield County School System, the city of Rocky Face, Whitfield County, The Carpet Capital Running Club, and all sponsors from all claims or liability of any kind arising out of my participation in this event, even though the liability may be the result of negligence on the part of the persons named in this waiver. I also understand that the entry fee is non-refundable and non-transferable. I hereby grant full permission to any and all of the above parties (race officials and sponsors) permission to use photographs or any other record of the event for any legitimate purpose.

Signature (Parent or Guardian if under 18) \_\_\_\_\_ Date \_\_\_\_\_