



Sunday - December 20, 2009 - 11:00 A.M.

DIRECTIONS – Your best bet is to get out your map (from Atlanta) drive to Helen, GA and take Hwy. 17/75 north to the Highway 180 turnoff to the left (look for Brasstown Bald sign). Travel apx. 9 miles and the entrance is on the right. **DO NOT PARK ON HIGHWAY 180 AT THE BOTTOM OF BRASSTOWN BALD! HIGHWAY PATROL AND FOREST SERVICE PERSONNEL WILL BE ON HAND TO “DISCOURAGE” YOU FROM DOING THAT!** If we should have one of our snow/sleet days and can't get to the top we will set up at the base of Brasstown – either way, the event is a go!

COST: Early registration (received by December 11, 2006) is \$20.00. After 12/11/06 and race day registration is \$25.00. **NO REFUNDS!** (We run/walk/crawl in rain. sleet, snow, fog or sunshine!)

WHAT YOU GET FOR THAT ENTRY FEE - 1) You get to say you ran/walked/crawled the toughest race in Georgia, 2) you get a great, colorful warm sweatshirt provided by **New World Graphics** of Athens, GA , 3) the uncertainty of what the weather will be like before, during and after the event, 4) spectacular views if the weather is clear, 5) spectacular views of the backside of the person in front of you during this 1864' climb over 3.1 miles (okay, there is a stretch of flat of about 50-yards at the 2.5 mile mark), 6) and this is most important - a fun time, regardless of the pain and suffering and weather!

AWARDS - ALL finishers receive a unique “I Beat the Brasstown “ award.....hey, it's the toughest race in Georgia - you finish it, you deserve an award. Award also given to overall male & female finisher.

HOW TO PREPARE FOR THIS “LITTLE OL’ 5K” – Pre-race prayer has always helped; plenty of hill repeats before the race helps; walking during the race helps; grabbing hold of the shorts of the person ahead of you helps (just be courteous and ask first); but actually, having a stand-in runner is probably the best bet!

POST RACE ACTIVITIES: Plenty of hot chocolate, apple cider , Anne Patrick’s wonderful homemade soup and other low-level munchies!

QUESTIONS: Contact Gary Jenkins at 678-795-0115 or pacesetr@bellsouth.net or register online at www.georgiarunner.com. To see the live webcam view from atop Brasstown Bald (check the weather?) go to: www.fs.fed.us/conf/webcam.htm Mail registration form and checks payable to:

Brasstown Bald Buster 5K
c/o Pacesetter’s P.R.
P.O. Box 81777
Atlanta, GA 30366

GeorgiaRunner.com
Online Race Registration

NAME _____ AGE _____ SEX _____

ADDRESS _____

CITY _____ STATE _____ ZIP CODE _____

TELEPHONE _____ SWEATSHIRT SIZE (CHECK ONE) Small Medium Large XLarge

In consideration of the acceptance of this registration I, intending to be legally bound, hereby for myself and my heirs, executors and administrators, waive and release any and all rights and claims for damages I may have against the Dept. of Natural Resources, Parks and Historic Sites Division, their representatives, successors and assigns for injuries incurred by me during or because of this event.

SIGNATURE _____
(SIGNATURE OF PARENT IF ENTRANT IS UNDER 18 YEARS OF AGE)

DATE _____