

Whitfield County Championships



2009 Elementary and Middle School Races **New Hope Middle School**

Monday October 5th 2009

We invite all Whitfield County elementary and middle school students to participate in the Whitfield County Cross-Country Championships to be held Monday October 6th 2008 at New Hope Middle School. Each race is run on grass, gravel and pavement.

The cross-country course for the kids' elementary races is a 1 mile course that goes along the perimeter of New Hope Middle School's campus and the races for the middle school kids will be two miles in length and require 2 laps of the course. Races will start at times listed below.

Results of the races will be posted on the Bruins Cross-country web site and The Daily Citizen.

Time Schedule

4:00 pm Late Registration
starts
4:45 pm Late Registration
ends
5:00 pm 8th G Girls 2 Mile
8th G Boys 2 Mile
7th G Girls 2 Mile
7th G Boys 2 Mile
6th G Girls 2 Mile
6th G Boys 2 Mile
5:40 pm 5th G Girls 1 Mile
5th G Boys 1 Mile
4th G Girls 1 Mile
4th G Boys 1 Mile

6:15 pm 3rd G Girls 1 Mile
3rd G Boys 1 Mile
2nd G Girls 1 Mile
2nd G Boys 1 Mile
1st G Girls 1 Mile
1st G Boys 1 Mile
7:00 pm Awards

Races - Pre-registration will make check-in go much faster. Runners should arrive 30 min. before their race is scheduled to start to check-in. Do not be late as you could miss your race! Kindergarten children are welcome to run with the 1st graders.

Awards - Ribbons will be given to every runner that finishes their race. The top three in boys and girls in each grade will receive medals. Individual awards to the top three male and female for each grade will be presented at 7:00

Timing - Each finisher will receive a place card at the end of the chute that will need to be filled out to be eligible for awards.

Registration - Registration is free and should be sent to New Hope Middle School, Attention Coach Sell, until 3:00 p.m. Friday, October 2nd. ALL 1st -8th graders are eligible to participate. Once you are registered, arrive at New Hope Middle School at least 30 min. before your race.

Location - The start and finish of all of the races, late registration, and the awards ceremonies are at the New Hope Middle School parking lot

Course - All of the elementary and middle school races will begin in the parking lot and make a loop around the outer edge of New Hope Middle School's campus. The course is extremely well marked.

Cost - Cost of the races is 2.00. This is to cover costs of awards. Adults are encouraged to join the Northwest High School Cross-Country Boosters while at the race.

See you at the races!!!

Information/Questions:

tsell@whitfield.k12.ga.us

Waiver MUST be signed

Name: _____

School: _____

Grade: 1 2 3 4 5 6 7 8

Gender: F M

RELEASE: In consideration of this entry, I waive any and all claims for myself and my heirs against race officials, Whitfield County School System, the Bruin Booster Club, or volunteers for injury or illness that may directly or indirectly result from my participation in this event. I further state that I am in proper physical condition to participate in this run. Further, I hereby grant my permission to be photographed by legitimate sources for the purpose of promotions, news, and information for the Bruin Cross-Country Mile. I understand that I am in nature and there is no control of animals, weather etc.

Parent or guardian must sign for runners under 18 years of age.

Signed _____ **Date** _____